

My Judo Competition

By Samara Frith

Bradley Stoke Judo Competition-Saturday 5th February 2011

On Saturday I went to a judo competition and this is how it went.

When I weighed in I felt really nervous. When it was my first fight my heart started pounding as I got on the mat, but I won very quickly with a simple leg sweep. I got off the mat and my dad came to say well done.

When I got on the mat for the second time I was fighting a girl that was the first one to fight and won. I felt nervous but not as nervous as last time. Again I won with a leg sweep. Then my dad came to tell me if I win this one I get a gold.

When I got on the mat for the third time I went for a leg sweep but missed then I dropped to one knee stuck my other leg out and threw her and I had won. I got off the mat and my dad came and hugged me. I went back to my mum and she gave me a hug and said well done.

Then when everyone was finished they handed out the medals and I stood on a step and a man gave me a gold medal. I was so happy.

I can't wait until next time.